

TCAC Long Course Schedule

Summer 2008

Date(s)	Event	Location	Comments
April			
Mar 31	Beginning of LC Season		Back to normal schedule
April 7	Add Fleet Rec on Mon & Wed Nights	Fleet Rec Pool	Mon & Wed 7:30 - 9:00pm
May			
May 2-4	TIDE A/BB/B/C Meet	Fleet Rec Pool	All Swimmers, All Time Standards
May 10-11	TAC BB+	Fleet Rec Pool	All Swimmers, BB and above times
May 16-18	Potomac Valley A/BB/B/C LC Derby	GMU, Fairfax, VA	Fun Meet, Derby - pick your name!
May 26	Memorial Day - Summer League VBSL	Local Pools	Summer League Begins
May 31	TIDE Distance Meet	Fleet Rec Pool	11 & older, Distance event
June			
June 1	Distance Online Challenge	Fleet Rec Pool	1000m, 2000m or 3000m swim
June 5-8	Charlotte Ultraswim	Charlotte, NC	NSCA Junior National Bonus Cuts
June 14-15	WST A/BB/B/C Meet	Jim Barnett Park, Winchester, VA	All Swimmers, All Time Standards
June 13-15	Capitol City Invitational	Cary, NC	Need one A time to swim all events
June 15	Jack King Ocean Swim	Va Beach, Va	11 & older, Open water Ocean Swim, Oceanfront
June 27-29	LY A/BB/B/C Meet	Lynchburg, VA	All Swimmers, All Time Standards
June 28-July 1	Tentative Travel Trip for 11 & Older	Lynchburg, Wintergreen, etc.	11 & Older, with Busch Gardens pass
July			
July 11-13	Summer Awards	Midtown Aquatic Center	All Swimmers, No JO or Senior Champs Cuts
July 17-20	Senior Champs	Cary, NC	Faster than 15-16 AA Times (and yes, in NC!)
July 17-20	Sectionals	State College PA	Faster than 15-16 AAA Times
July 24-27	JO's, Age-Group Champs	Midtown Aquatic Center	14 & Under A to AA Cuts
August			
Aug 4-8	USA Junior Nationals	Minneapolis, MN	Junior National Cuts
Aug 6-9	Eastern Zones	Rockville, MD	Top 2 in each event for Virginia or 4 AAA times
Aug ??	Team Banquet	Pembroke Meadows Pool, Va Beach	All swimmers